

BRAIN DAY CHRISTCHURCH



BRAIN RESEARCH: THE LOCAL TALENT

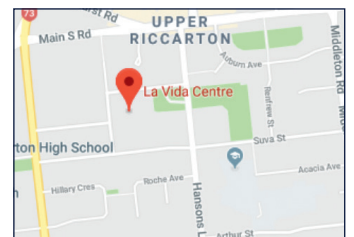
FREE PUBLIC EVENT

SATURDAY 17 MARCH 2018 | 10am-2:30pm

LA VIDA CENTRE, 34A HANSONS LANE, UPPER RICcartON, CHRISTCHURCH

The Neurological Foundation are proud to present Brain Day Christchurch, a day full of thought provoking lectures, access to local community groups, fun activities for the kids and lots more.

Join us for this free event on Saturday 17 March at the La Vida Centre.



10am-11am

PROFESSOR JOHN DALRYMPLE-ALFORD
**RESILIENCE, HEALTHY AGEING
AND DEMENTIA**



John Dalrymple-Alford is a Professor of Psychology at the University of Canterbury, Christchurch. He is also part of a multidisciplinary team of scientists at the New Zealand Brain Research Institute in central Christchurch. He pursues two related areas of research, in basic and clinical neuroscience. Along with his Neurology colleague, Professor Tim Anderson, he also leads a team of clinical neuroscience researchers who focus on human degenerative disorders, including both Parkinson's disease and Alzheimer's disease. In this lecture Professor Dalrymple-Alford will be discussing how we can age in a health way and how to keep your brain resilient.

11am-12pm

DR TEDDY WU
**STROKE RECOVERY:
HOPEFUL HORIZONS**



Dr Wu began his neurology advanced training in December 2010 and completed his core neurology requirements at the end of 2013. Stroke treatment became his subspecialty area and this led to Dr Wu going to Melbourne University to carry out his PhD to further his stroke treatment research. Dr Wu moved back to Christchurch in 2017 and continues to enhance care of stroke patients. In this lecture Dr Wu will discuss his career so far, including the incredible results being achieved in Christchurch hospital and what the future looks like.

1pm-2pm

DR TRACY MELZER
**INSIDE THE BRAIN:
PROGRESS AND PROSPECTS**



Dr Tracy Melzer is MRI (magnetic resonance imaging) Research Manager at the New Zealand Brain Research Institute (NZBRI) in Christchurch. He works within the Parkinson's disease research group that has recruited one of the world's largest single-centre cohorts of well-characterised Parkinson's disease (PD) patients with MRI data. In this lecture, Dr Melzer will be discussing his exciting research including the role he has in the longitudinal study and what the future holds for this study and for neuroimaging.

*Plus an incredible walk
through inflatable brain!*



12pm-1pm Lunchtime

TIME WITH THE COMMUNITY GROUPS, KID'S ACTIVITIES & INTERACTIVE DISPLAYS.

**NO BOOKINGS REQUIRED TO ATTEND LECTURES. PLEASE ARRIVE EARLY TO SECURE YOUR SEAT.
FOOD & FREE PARKING AVAILABLE ON SITE.**



For further information, go to www.brainweek.co.nz
or phone 0508 BRAINS (0508 272 467)



**NEUROLOGICAL
FOUNDATION
OF NEW ZEALAND**

PROGRESS THROUGH RESEARCH