

A photograph of a woman with brown hair tied back, wearing a dark blue long-sleeved shirt and a patterned skirt, smiling warmly. She is holding a red rope halter attached to a dark brown horse with a white blaze on its face. The horse is wearing a blue blanket with the word 'canter' visible on it. The background shows a wooden fence and trees in a field. The image is set against a background of teal, magenta, and yellow geometric shapes.

Annual Review 2019



Laura Fergusson Trust
Canterbury



Laura Fergusson Trust Canterbury provides residential, rehabilitation and specialist assessment services in a variety of settings on a short-term or long-term basis for people aged 17–65 years who have acquired a brain injury or a physical, sensory or neurological impairment.

Our vision

Our vision at Laura Fergusson Trust Canterbury is to provide ordinary life opportunities for every client. The Trust provides a range of lifestyle supports and rehabilitation to enable our clients to achieve this.

At all times, clients are treated with respect and dignity and are encouraged to make informed decisions about their own lives.

CONTENTS



12

RAISING AWARENESS

19

Fostering research

20

Focus on the rights and interests of people with a disability



TWENTY FOUR

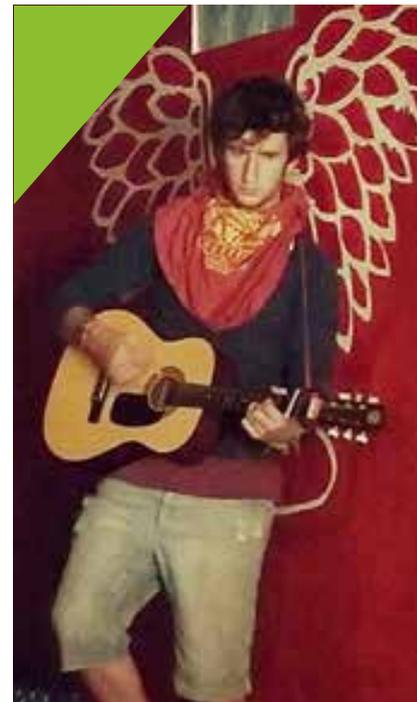
ACCOUNTABILITY

SIX

A few words from our CEO Kathryn Jones

15

ASSISTING WITH RESIDENTIAL NEEDS



PROVIDING REHABILITATION SERVICES

16

27

Staff



28

FINANCIAL REPORT

A word from the CEO

Laura Fergusson Trust continues in its efforts to create a community in Canterbury where people with disabilities receive appropriate support and have the same opportunities as everyone else. Last year, I shared some of our activities – in particular, our Can Do Catering enterprise, which now employs 11 people and provides meaningful employment for those with significant disabilities. With the growth of Can Do and our desire to ensure that we support the implementation of the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD), we opened Can Do Café in March, which embeds a business into the community employing young, disabled people who have the equal right to a job as any able-bodied person. We are very proud of our achievements, and Can Do was a finalist in this year's Westpac Champion Canterbury Business Awards.

As the needs of our existing clients change and the demand for more complex and individualised support packages increase, we embarked on a major review of our current and future service provision in order to continue to meet the needs of our clients. The preparation of the capital building redevelopment project at 279 Ilam Road continues with the establishment of the Laura Fergusson Foundation, which exists as the fundraising entity supporting the financing of the project over the next 2–5 years.

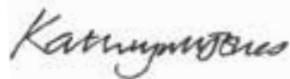
This year was financially challenging for the charity as our inpatient rehabilitation occupancy rates fluctuated throughout the year and the ongoing high maintenance costs for our building assets continue. We invested in a new client management system, which has been fully implemented throughout

the Trust and will be utilised to ensure effective communication, data quality and interdisciplinary work continues. Our community rehabilitation, residential and assessment services continue to thrive, and the establishment of a specialist mobility hub in Canterbury was one of the highlights of the year.

The Trust has achieved many of the objectives set out within our 2015–2019 Strategic Plan, and we have undertaken a refresh of our objectives to ensure that we continue to meet the needs of the Trust both now and in generations to come.

As we reflect on the past year, we can be proud of our achievements and the positive feedback we receive from our clients, residents and families. Once again, I feel very privileged to lead such a competent and committed team across our rehabilitation, assessment and residential services, and I am consistently impressed by the depth of experience, skills and enthusiasm of all our staff.

As we celebrate the 40th anniversary of Laura Fergusson Trust, the future is looking exciting. The original vision of ordinary life opportunities, expressed by Lady Laura Fergusson in 1979, stands relevant and aspirational today.



Kathryn Jones
CEO



“As we reflect on the past year, we can be proud of our achievements and the positive feedback we receive from our clients, residents and families.”

A word from our Chair

This year has been a year of visioning for the future to ensure the ongoing sustainability of the services provided by the Trust. The redevelopment of the site at 279 Ilam Road remains a key objective, and to that end, the Laura Fergusson Foundation was established in 2018 to focus on raising the profile of Laura Fergusson Trust in the wider community and to drive the fundraising initiative that is vital to the success of the redevelopment. Early this year, we have been pleased to welcome Di Palmer, John Plato and Mark Quinn as Trustees for the Foundation.

Despite challenges faced by the sector, 2018/19 has seen significant investment by the Board in both infrastructure and in building and developing our workforce, including areas such as our specialist assessment teams. We have also invested in the establishment of a second social enterprise, Can Do Café. As a result of the investment and growth, we have posted a lower return than in recent years.

The Living My Life services that are now delivered by Laura Fergusson Canterbury, as a partner in joint venture company Laura Fergusson New Zealand Ltd, have continued to grow. This has been an exciting move for the three Laura Fergusson Trusts as we deliver a real alternative for disabled people who wish to live independently in the community.

After 19 years of service to Laura Fergusson Trust, Paul Duggan has resigned as a Trustee. Over this time, Paul has made an invaluable contribution to the governance of the Trust, and his experience and advice will be missed. We extend our best wishes to Paul for a long and enjoyable retirement.

The retirement of three long-serving trustees this year has led us to initiate a formal Board recruitment process, resulting in three new trustees joining the Board. We welcome Annemarie Mora, Alexandra Dalzell and Christine Johnstone and appreciate the diverse skills and experience that they bring to the table.

I would like to take this opportunity to acknowledge the commitment and dedication of our CEO Kathryn Jones, management and staff, who have been key to the achievement of the progress made in this past year. On behalf of the Trustees, I would like to thank them for their contribution and the skills and expertise that they offer. I also wish to thank our Patron Beverley Murray for her continued support and interest in Laura Fergusson Trust.

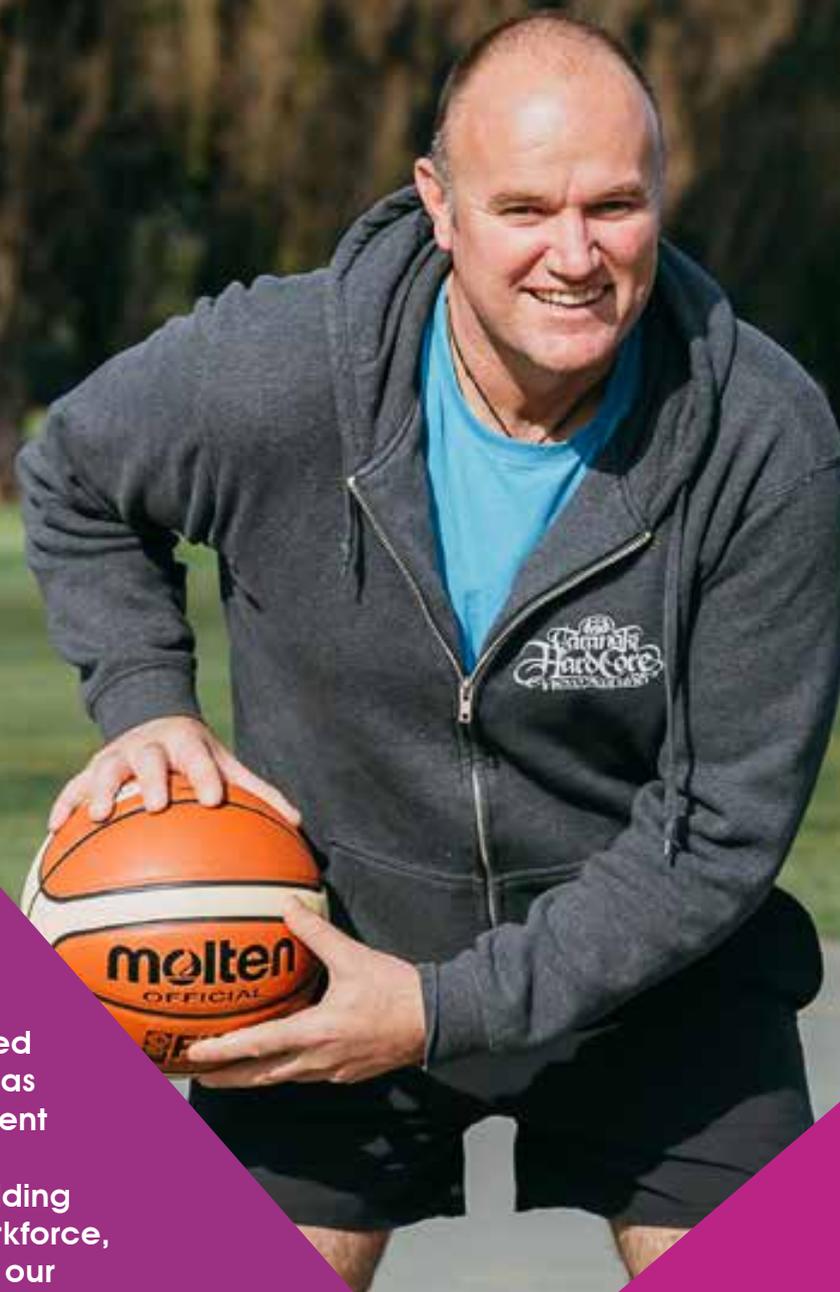
It has been both a privilege and a pleasure to assume the role of Chair, and I look forward to contributing to the Board in support of the Trust as we build on our achievements and continue to develop and grow in the coming year.



Chrissie Cope

Chairperson

“Despite challenges faced by the sector, 2018/19 has seen significant investment by the Board in both infrastructure and in building and developing our workforce, including areas such as our specialist assessment teams”





Graham (middle)
with his art tutors Issey (left)
and Kim (right)

Graham's story

Graham receives group-based and individual support through Laura Fergusson Trust Canterbury's Living My Life service. This includes a weekly art class at Ōtautahi Creative Spaces ("Room 5" as it is referred to by the artists) and individual employment support via Workbridge. Graham has just secured a voluntary job as a car groomer at Carshine.

Here, Graham talks about a recent solo art exhibition displayed within Laura Fergusson Trust's intensive rehabilitation unit.

"Room 5 is like family. It's safe and it's like you get to meet other people, like Kerry and that.

It was Kerry who mentioned to me that I should try drawing with pastels, and I thought I'll give it a go, but since I've done pastel, I haven't stopped since.

I get a book out of the library every week and choose a picture that I want to draw. I like drawing portraits and landscapes, Rita Angus. Bright colours are my favourite, purple, pink or yellow.

I've got six pictures up at Laura Fergusson at the moment. Kim and Issy [art tutors] came along to the opening, it was really good. My first time having my own exhibition. I was pretty proud.

My favourite thing about Room 5 is talking to Kerry, doing my art, showing people that there's colour in the world, being grateful to be doing this. It's like a classroom, you meet other people and know that everything's OK."

Raising awareness

Laura Fergusson Trust raises awareness about disability and traumatic brain injury in many ways. Our team members participate in raising awareness across many platforms including submissions to government consultations and district health board steering group representation driving the Disability Action Plan for Canterbury and West Coast DHB regions.

The Trust also provides a comprehensive education and training service to our local communities, and we have provided education and training to a number of NGOs and community groups in the past year. These include Odyssey House, Ōtautahi Community Housing Trust and Victim Support Timaru. We also provide education in brain injury for other organisations such as Canterbury University, Canterbury DHB, the Mental Health Crisis Response Team, the Department of Corrections and Housing New Zealand.



Family education and support groups for those supporting individuals with traumatic brain injury

Our service has recognised that, through improved understanding and networking with others who have had a similar experience of a family/whānau member being injured, knowledge is gained that then supports the new ways of living and facing the challenges associated with traumatic brain injury.

The Laura Fergusson Trust family education and support group programme runs regularly in 6-week blocks. It is delivered by two of our clinical psychologists and covers many topics:

- Getting to know each other and introduction to the effects of brain injury on the family.
- Effects of brain injury on the survivor and family – what is normal after brain injury, how does it affect the whole family?
- Understanding recovery – emotional and physical recovery, mastering the art of patience, coping with loss and change.
- Managing stress and intense emotions.
- Strategies for optimal recovery – taking care of yourself, focusing on gains and accomplishments.
- Additional education topics to be decided by group members and completing final questionnaires.

What do family members say about the education and support group?

“It helped in developing greater understanding of family members with brain injuries. Gave skills in handling different and difficult circumstances.”

“To understand the very varied pathways and journeys that everyone is on and the multiple ways of coping and dealing with the challenges. That there is support and people who care and you’re not alone.”

“Topics raised and discussed were often things I had never talked about with anyone. Breaking it down and sharing ideas was really helpful.”

“It has helped us as a family to talk over problems that previously were hard to discuss.”

“It was great to be able to hear other people’s stories and relate to them. To be able to share and learn ways of coping with different situations.”

“It helped to know other members of the group are struggling with issues similar to ours and that they are going through what we are.”

“I now understand the need to take better care of myself. Also realise we are luckier than some.”

“We realised we are not alone, having the support of others who understand, acknowledging things will never be the same and accepting that. Sharing feelings has helped process my thoughts, seeing those earlier in the journey has made me grateful for our recovery.”

Throughout the year, our CEO undertakes many community presentations to raise awareness of the needs of those with a disability and the work of Laura Fergusson Trust. This provides local communities with the opportunity to be more aware of the role they have to play to achieve an inclusive society for people with disabilities.



Assisting with residential needs

Fergus' story Shared and written by Fergus' family

At 19, like many others his age, Fergus headed out on his big OE on a journey to discover himself. One of his goals was to follow the sun for 2 years. He travelled with Jordan, a mate from school, and went via Bali where he completed his underwater diving certificate then on to the UK. He worked in the Lake District and then at a backpackers in Bath. He travelled to Spain and France living in a chateau, enjoying the fruits of the vineyard. He then took a job in Laos running a backpackers for 4 months.

By now, Fergus had made many new friends on his travels. People naturally warmed to him with his wild hair and bright blue eyes. He has a way about him, a welcoming nature, and as soon as you meet Fergus, you know you had made a friend for life. In Laos, he met an equally kind soul, Roisin, who became his girlfriend. We met over Skype on several occasions. He returned to Bath with Roisin.

Eighteen months into his trip, knowing he would be due to return home soon, he decided to travel to Eastern Europe, Budapest, Romania and specifically Transylvania and the haunted forest. With a huge sense of adventure, a mysterious forest and a disused communist train yard, this was right up Fergus's alley. Before he headed off, he Skyped us at home in Christchurch. We listened as he showed us the songs he had taught himself on the guitar.

It was a Friday afternoon in September 2015 when we received the terrible news, Fergus had been in a serious accident and was being airlifted to a hospital in Bucharest. The next 24 hours were nothing short of hell for us as a family and his close friends.

With the difficult language and time barriers, we tried to get to the bottom of what had happened to our Fergus. Romanian doctors who spoke broken English kept saying "It's bad, very bad" over and over with no one telling us what had happened. It became apparent that his parents Cecily and Martin would have to fly over there to be with him. By Sunday, they were gone, leaving Molly-Rose and Bridie to prepare for the unknown.

Upon arriving in Bucharest, Roisin and her mother Clare were there to meet Cecily and Martin, and thus would mark the beginning of the long 7 weeks ahead of them. The details of what had happened began to unfurl. Fergus had been standing on top of a disused train, and he reached his hand up and made contact with what turned out to be a live wire. He was electrocuted, falling from the top of the train. He received burns to over 80% of his body and suffered two cardiac arrests. He was airlifted from the site of the accident in Cluj-Napoca to the Floreasca Hospital in Bucharest.

The next 7 weeks were difficult and confusing. Very few of the staff spoke English, some days his parents could only see Fergus for 20 minutes, and some days they would only let Martin in. We had no idea what Fergus's future looked like or ours.

Sometimes extraordinary things happen, and in our case, it was Professor David Linton, who was teaching at the hospital. The head of ICU at the hospital told him about Fergus. David is the head of the Hadassah University Hospital in Jerusalem. He is an expert in medical evacuations and a specialist in emergency medicine and in growing tissue for victims of war and transporting to war zones. Along with top neurologist Dr Eichle, he assessed Fergus, the result of which meant we could get Fergus home. He would be accompanying him along with a specialist nurse. It would take 3 weeks to organise flights and ensure Fergus was well enough to travel. Fergus's sister Bridie set up a Givealittle page, and with the help of family, the New Zealand public and the friends Fergus had made across the world, we brought him home.

He arrived in Auckland with David and two nurses and was transferred to the air ambulance for the last part of his homeward journey to Christchurch. Bridie accompanied him from Auckland to Christchurch, and the nurse told her that he probably wouldn't make it. How wrong the nurse was.

This only marked the beginning of his physical recovery, not to mention his neurological journey. When he arrived back in Christchurch, Molly-Rose had left university to be at her brother's

side. Fergus was very unwell and went straight into ICU. We were given a very grim prognosis.

He was then moved to the neurological ward where he received amazing care. It was decided he would be put under the palliative care team. Fergus's future was uncertain, and we were unsure where he would go.

Another amazing person came into our lives – we were introduced to Sarah, Nurse Manager at Laura Fergusson Trust Canterbury, who visited and assessed him. Together with the social work team at CDHB, it was decided Fergus would be heading to Laura Fergusson Trust.

Fergus has now been based at Laura Fergusson Trust for nearly 4 years, where he is recovering from a serious brain injury. It is his home. From day one, the team believed in his journey. It wasn't long before he was no longer under palliative care. The team took him on despite being a high-needs client and the challenge of never before having had someone like him in their care.

It's been about rehabilitation since he arrived, learning how to communicate in his own way, expressing feelings, interactions and physiotherapy. We have found out over the last 4 years that he responds strongly to music, and this is something we have incorporated into his ongoing therapy.

This not only speak volumes about the team at Laura Fergusson Trust but also about Fergus as a person – strong and not willing to give up after all he has been through and continuing to amaze us every day.

The team at Laura Fergusson Trust are nothing short of passionate, professional and caring, and we are constantly blown away with their enthusiasm and hard work and effort they put in with Fergus.

Providing rehabilitation services

Laura Fergusson Trust continues to provide extensive rehabilitation services across Canterbury, Christchurch, West Coast and Nelson-Marlborough for a range of clients within our intensive residential rehabilitation service and our community service.

In the last 12 months, our five-bed intensive rehabilitation unit has provided rehabilitation to 32 clients and supported them back to their homes and their communities.

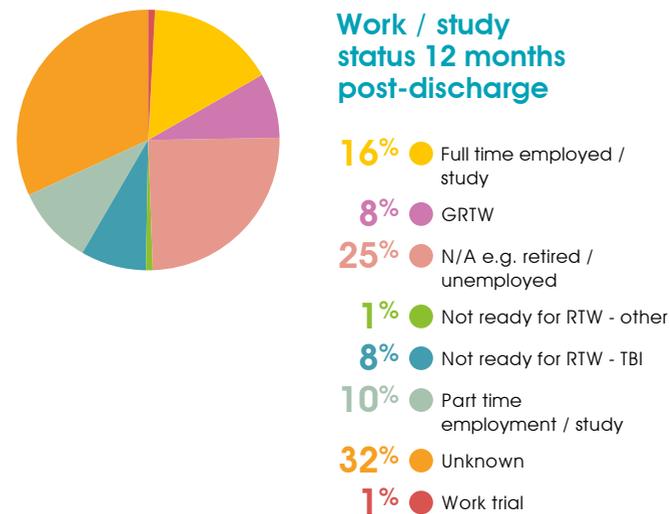
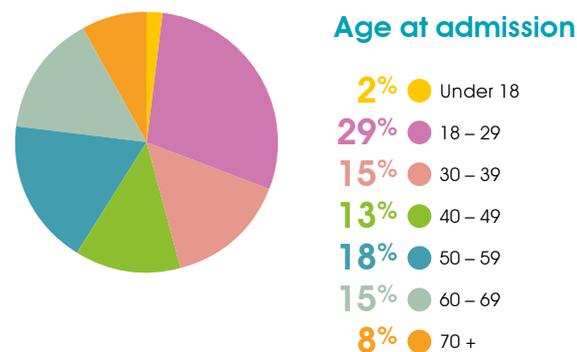
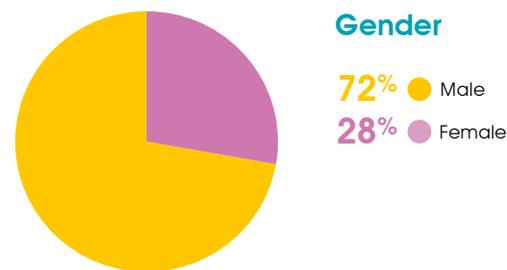
Our service continues to monitor the gender and age of people with a traumatic brain injury and the cause of the injury so we can assist in prevention, foster research and training and provide educational opportunities.

We also monitor those clients who stay in our service on a vocational pathway to track how successful their return to work and study has been following discharge from our services.

The following graph demonstrates the results for those clients with moderate to severe traumatic brain injury 12 months following their intensive rehabilitation:

- 16% have returned to full-time work/study.
- 10% have returned to part-time work/study.
- 8% are on a graduated return to work.
- 1% are on a work trial.

Our statistics for 2018/19



Our community service continues to grow, with over 60 staff within our interdisciplinary team. We offer services for concussion, moderate to severe brain injury, psychological services, neuropsychological assessment and rehabilitation for other injuries such as spinal and orthopaedic injuries.

Groups for children with a parent with traumatic brain injury

A team of therapists run a group programme based on the Brain Crew programme.

Brain Crew

Brain Crew is an educational programme for children who have an adult relative who has an acquired brain injury. Brain Crew aims to help children to understand a little more about how the brain works and also understand how an injury to the brain may affect how the brain works. Brain Crew also aims to help children to develop strategies for how to cope with living with a relative who has a brain injury and to develop a peer support network of children who have had similar experiences.

Brain Crew groups are deliberately kept small in size to ensure that all involved children get the opportunity to participate fully in all the activities. The sessions aim to be fun with opportunities for interactive, practical, hands-on experiences. The sessions are open to any child family members (aged 6–13) of clients with traumatic brain injuries.

Some of the feedback received from the children:

“It helped me understand what Dad is going through, and I was able to help him by problem-solving and being patient.”

“It helped me understand what Dad is dealing with and what he has lost due to his brain injury.”

“Was good to see other kids have the same problems.”

“Helped me know how the brain worked.”

Mobility hub

The pathway for the development of expertise in wheelchair and seating assessments in NGO settings has always been problematic. Often therapists have been working in isolation with limited support, service provision of equipment has not always been timely and there was limited scope for innovation and development in such environments.

In 2018, Laura Fergusson Trust Canterbury commenced the journey of setting up a dedicated wheelchair and seating assessment clinic through our specialist assessment service. The aim was to establish a centre of excellence where the pathway for our clients would be more effective. This would also help foster the growth of expertise of assessment knowledge for therapists through shared ideas and peer support and ensure professional competencies are maintained to the highest possible standard.

We quickly outgrew our first location as the needs of the service became more apparent. Now located in Ferry Rd, we have two dedicated assessment clinic rooms, storage areas for trial equipment, administration space and state-of-the-art equipment sourced through fundraising.

We arranged the design and manufacture of a seating simulator, the first of its kind in the South Island. Along with our ability in pressure mapping, these innovations are helping us get the right mobility option for our clients at the outset and reduce the time taken from assessment to solution.

Suppliers of equipment are now coming to us to demonstrate to the team the latest in innovations in this sector. Trial equipment is also being provided through these strong relationships with suppliers. This gives the ability to set up multiple systems in the clinic and get the best possible product for a person’s home, work and social environments and reduce the amount of home trials.

Our next phase is utilising the data we are capturing around wheelchair outcome measures as we continue to develop the best service possible for our clients.

Exciting times – and we are only just getting started.

Fostering research



Laura Fergusson Trust remains dedicated to promoting excellence in research, contributing to the evidence base of clinical service and providing team/community education. Our research fellow Dr Kristin Gozdzikowska alongside clinicians from all areas of the Trust are engaged in research with the University of Otago, University of Canterbury, Callaghan Innovation, MedTech CORE and the Department of Corrections, as well as working in collaboration with organisations such as the Burwood Academy of Independent Living and He Waka Tapu, a kaupapa Māori service provider. We have been fortunate to receive grants totalling over \$65,000 this past year alone. Our research has been featured in national publications, including the New Zealand Rehabilitation Association blog, MedTech Centre of Research Excellence website and the New Zealand Speech-Language Therapists' Association Communication Matters magazine.

As we undertake research in a potentially vulnerable population, this past year we have formed a Research and Quality Committee.

This group consists of experts in research and quality and an individual with lived experience of brain injury to provide external review of our research practices. We are thrilled to be able to contribute to the research base emerging from the Canterbury region on traumatic brain injury and continue to support New Zealand's legacy of internationally recognised research excellence.

Conference presentations

Over the past year, we have been fortunate to present our work at conferences across New Zealand. In addition to the Asia-Oceania Conference of Physical and Rehabilitation Medicine in Auckland and the Emerging Tech in Health symposium in Christchurch, we were fortunate to have a great presence at the 42nd Australasian Society for the Study of Brain Impairment Conference in Wellington. This inaugural trans-Tasman conference, a joint collaboration with the New Zealand Rehabilitation

Association, was the first time this conference was held in New Zealand. We were invited to share six research presentations, highlighting the research being conducted at Laura Fergusson Trust to an international audience of experts in the field of traumatic brain injury. Attending conferences additionally supports development of quality initiatives – following this conference, numerous programmes were developed to support clinical improvement across the Trust.

Navigate Initiative

The prevalence of traumatic brain injury in prison populations is far higher than in the general population. Research has shown that over 60% of prisoners have suffered traumatic brain injury, and many individuals never receive appropriate treatment or support following their injury.

This year, Laura Fergusson Trust has provided support within a new and exciting project developed and implemented by Canterbury-based charity Pathway Trust. The Navigate Initiative is New Zealand's first equal partnership between the community and the Department of Corrections to operate an intensive reintegration unit inside prison.

The purpose of the Navigate Initiative is to intervene early and provide holistic reintegration support to prisoners that will improve their health and wellbeing, increase their connections with the community outside, provide them with skills and resources to enable them to seek meaningful employment and ultimately reduce the likelihood of reoffending after their release.

Laura Fergusson Trust participates in this programme by providing brain injury education, and our Chef Stefan goes into the prison and provides cooking lessons once a week with the men participating in the programme.

The Navigate Initiative, which is now operating under a 12-month pilot, is run within a unit based in the grounds of Christchurch Men's Prison. Participants in the Navigate programme spend 6–12 months prior to their release in the unit, where they are intensively equipped for life outside the wire. In the 6-month period, the men will develop new skills and have access to services that will support them in their transition, including relational education, cultural development and practical trade-based skills development.

The unit is able to cater for up to 20 participants at one time. To date, it has supported over 38 men on their reintegration journey, 15 of whom have since been released into the community. Within the programme, all of the participants have been receiving physical, emotional and social support as well as practical assistance.

"Ultimately, the Navigate Initiative is about developing the foundations for a more positive return to the community," says Pathway Reintegration Manager Carey Ewing. "By participating in the programme, our clients are better equipped on their release to seek employment opportunities, maintain a healthy lifestyle and build positive relationships."



Focus on the rights and interests of people with a disability

Prior to a serious road traffic accident, Khadag worked as a professional chef. After months of intensive rehabilitation within our specialist brain injury unit, he transferred to our residential services and continued on his rehabilitation journey. His passion for food has never left him, and one of his goals was to join the Can Do Catering team.

In the beginning, simple tasks such as peeling vegetables was challenging for him. He then progressed to preparing pastries with the other employees as well as cooking his own meals. In time, divine aromas would waft through the corridors of Laura Fergusson Trust. As Khadag has progressed with his rehabilitation, he has now been able to move back into the community in his own home. He continues to prepare vegetables for Can Do Catering, and with support from his coach, he cooks a variety of food to sell at Can Do Café.

Can Do
CATERING





Hayden (22) attends the Trust's Reconnect Programme, which is a group-based rehabilitation programme for adults with brain injury living in the community.

Hayden's Story

On Wednesday afternoons, Hayden would arrive with Paul in the coffee van to sell coffee to Laura Fergusson staff and clients. One of his goals was to learn how to use the eftpos machine, steam milk and make a hot chocolate for customers.

In March 2019, Can Do Café, situated at Art Metro 465 Papanui Rd, opened its doors for the first time.

In May 2019, Hayden brought his new skills and joined the café team as a volunteer. In the beginning, he was quite shy, but to build his confidence, Hayden was tasked with setting the tables and preparing the café ready for opening first thing in the morning.

As time has gone on, Hayden's confidence has continued to grow. With his friendly manner, he welcomes all customers and knows many of the regulars now by name and can memorise all their orders.

Eager to learn new things, Hayden now works alongside café staff creating delicious pizzas and making wraps and sandwiches in conjunction with displaying food in the cabinet.

He has become proficient at steaming milk and producing great coffee and will often deliver the coffee to local businesses.

A very proud moment for him recently was when he received his Can Do Café uniform and his role changed from a volunteer to a paid permanent part-time employee at the café.

Accountability

It is important for us to ensure that our services are evaluated and that we actively seek feedback from the people we support.

Living My Life (LML) is a disability support service that offers clients choice and control over where they go, what they do, where they live and who with. Laura Fergusson Trust Canterbury currently provides LML services for 45 adults with traumatic brain injuries who live in the community. The service is delivered by a competent team consisting of allied health professionals and rehabilitation coaches. We also work collaboratively with subcontracted organisations to deliver specialised group-based and individualised programmes tailored to the client's individual needs.

Alongside our group-based programmes, a number of our clients also engage in individual support where they have rehabilitation coach support in order to achieve individualised goals such as increasing/maintaining independence at home, connecting with their community and seeking/maintaining employment.

Feedback

In our research study, which sought to gain insights into how LML had an impact on people's lives, we recruited a random sample of 10 people who attend the LML group. We asked 15 questions in an interview about quality of life, mood and things learned in the group and social support.

100% of participants felt it was important that the group is professionally led and occurs at the same time each week.

100% reported the group made them feel happy or cheerful.

100% made friends within the group.

80% learned how to make better friends.

100% felt the group had helped increase their knowledge about resources available to them in the community.

70% felt they have improved knowledge about brain injury.

90% feel they are better able to communicate with healthcare professionals.

"It's given me a lot of self-confidence, just finding out... it's not that hard to get out of my house and not to be anxious about everything."

"It's made me open my eyes and realise that we're not just alone, there is help out there, and people, and you only need to look and ask."

"Before my brain injury, I didn't know a thing about it. It's certainly opened my eyes, my family's eyes, made us be more conscious and aware."

"If it was client-run, then it would be more stressful I'd say. The reason to come here is to get away from the stress of your disability and injury."

"They know what, where, when, how and who. If they weren't here, I don't think it would be so positive."

"I know I can plan my week around this event."

"It's made me more comfortable connecting with other people."

"I'm just always happy when I'm here. We can all understand each other."

"Sometimes it just helps to hear someone else's feelings."



Staff

Workforce qualification overview

Bachelor's Degree

30 Staff members | 15% of workforce



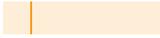
Diploma in Nursing

5 Staff members | 3% of workforce



NZQA Level 2

1 Staff member | 1% of workforce



NZQA Level 3

10 Staff members | 5% of workforce



NZQA Level 4

32 Staff members | 16% of workforce



Level 6

2 Staff members | 1% of workforce



Postgraduate studies

6 Staff members | 3% of workforce



Master's Degree

2 Staff members | 1% of workforce



PhD

5 Staff members | 3% of workforce



Enrolled in Study

13 Staff members | 7% of workforce



No formal qualifications

89 Staff members | 46% of workforce



Laura Fergusson Trust has continued to grow over the past year and now has close to 200 employees. This has necessitated the employment of an HR Manager who came on board in November 2018. With the increase in staff who meet the needs of approximately 500 clients in Canterbury and across the upper South Island, there is now an even stronger focus on professional development across all areas of the organisation.

In addition, our healthy staff turnover rate means we retain a depth of experience and skills across the organisation, from support workers to allied health professionals including physiotherapists, occupational therapists, speech-language therapists, social workers, clinical psychologists and neuropsychologists.

In the 2018/19 financial year, Laura Fergusson Trust invested \$153,236 in training and development for our staff. At the end of June 2019, 57% of support workers were qualified to NZQA level 3 or above, and another 11% were working towards an NZQA level 3 or 4 qualification.

Can Do Catering has also expanded with the opening of the Can Do Café located at Metro Art in Papanui Road. This enterprise will create future work opportunities for people with a disability, and the café currently employs several baristas and a café assistant.



Statement of comprehensive revenue & expenses

for the year ended 30 June 2019

In thousands of New Zealand dollars	Note	2019	2018
Income			
Revenue	6	11,465,949	10,355,953
Other operating revenue	6	89,879	61,589
Total Income		11,555,828	10,417,542
Expenses			
Employee benefit expenses		(7,980,422)	(6,732,350)
Contract labour		(1,758,981)	(1,640,193)
Depreciation		(189,165)	(209,903)
Rehabilitation costs		(79,341)	(76,390)
Computer expenses		(106,217)	(97,902)
Insurance		(77,830)	(70,078)
Power		(111,291)	(103,277)
Rent		(155,014)	(95,288)
Repairs & maintenance		(172,174)	(187,659)
Staff training		(153,236)	(104,152)
Supplies & provisions		(314,870)	(258,188)
Vehicle & transport		(74,022)	(61,484)
Other expenses	7	(437,220)	(471,217)
		(11,609,783)	(10,108,081)
Surplus / (Deficit) Before Financing Revenue & Costs		(53,955)	309,461
Finance expense		-	(1)
Finance income	8	54,731	30,271
Surplus / (Deficit) From Continuing Operations		776	339,371
Other Comprehensive Revenue & Expenses			
Investment Gain / (Loss)		-	-
Total Comprehensive Revenue & Expenses For The Year		\$776	\$339,731

Statement of financial position

as at 30 June 2019

In thousands of New Zealand dollars	Note	2019	2018
Current Assets			
Cash & cash equivalents	10	366,776	1,129,222
Receivables (from exchange transactions)		1,006,084	856,006
Prepayments & other assets	11	87,838	66,904
Laura Fergusson Foundation Loan		65,723	7,059
Investments	12	1,072,336	790,710
		2,598,757	2,849,901
Non Current Assets			
Capital work in progress		52,590	30,823
Capital work in progress client management system		117,496	-
Property, plant & equipment	13	3,007,100	3,060,193
Intangibles & goodwill	14	700,000	700,000
		3,877,186	3,791,016
Total Assets		\$6,475,943	\$6,640,417
Current Liabilities			
Payables (from exchange transactions)		240,181	441,038
Deferred revenue		-	143,593
Unexpired grant funding		3,000	-
Employee benefit liability		761,693	600,204
GST payable		188,085	173,374
		1,192,959	1,358,209
Trust Equity			
Accumulated revenue and expense	15	5,282,984	5,282,208
		5,282,984	5,282,208
Total Trust Equity & Liabilities		\$6,475,943	\$6,640,417

Our Supporters

Rata Foundation

The Southern Trust

NZCT

Mainland Foundation

The Rehabilitation
Welfare Trust

C.E.R.T.

One Foundation

The Ellen Sanderson Trust

The John Sanderson Trust

Riccarton Rotary

Miles Toyota



Photo: LFT Memory Group

Contact us

279 Ilam Road
Ilam
Christchurch 8053
www.lffcant.co.nz